

Curriculum Vitae

Prof. Ahmad AL-Shraifin



personal information

Name: Ahmad Abdullah Moh"d Al-Shraifin.

Professor of Counseling Psychology.

place of birth: AL salt.

Date of birth: 26/7/1979.

Nationality: Jordanian.

Marital status: Married with four children.

Jordan - Irbid - Baytyaffa- Postal codes (21176).

Department of Counseling and Educational Psychology.

Faculty of Education - Yarmouk University.

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Academic Qualification

Degree	University	year
Doctor of Counseling Psychology. Top of my class (GPA:90/100).	Yarmouk University, Jordan.	2009
Master of Counseling Psychology. Top of my class (GPA:88.1/100).	Yarmouk University, Jordan.	2003
Bachelor of Counseling Psychology. Top of my class (GPA:85.9/100).	Yarmouk University, Jordan.	2001
Secondary Education Certificate. (GPA:85.1/100).	Al-Zarnuji High School, Jordan	1997

The Title of the Master's thesis

Marital Adjustment in Light of Some Social Factors: Field Study On Health Sector in Irbid Governorate. Supervisor: Prof: Adnan Farah.

The Title of the PH.D Dissertation.

The Ability of Some Psychological Variables In Predicting Violence
Tendence Among Jordanian University Students. Supervisor: Prof: Adnan
Farah.

Management experiences

number	Job title	Employer
1	Vice Dean, Faculty of Education	20/9/2020 - Present.
2	Head of the Department of Counseling and Educational Psychology	13/9/2017 - 13/9/2018
3	Assistant Dean of the Faculty of Education for accreditation and Quality control	10/9/2016 - 13/9/2017
4	Assistant Dean of the Faculty of Education for Faculty members affairs	10/9/2016 - 13/9/2017

Courses Taught

Bachelor's level

.Career counseling	Students' problems and methods of dealing with	Psychological counseling .theories
.Introduction to Education	learning disabilities	Play Therapy
Organizing and managing Counseling Psychology services.	.Socialization Process	Practicum in Counseling

Communication in Counseling Psychology	Counseling Psychology theories	Introduction to Counseling Psychology
Family Counseling Strategies	Counseling of gifted and talented	learning disabilities
School Counseling	Group Counseling	Career Counseling
Counseling sessions skills	Childhood and adolescence problems	Principles of marital and family counseling
Behavior Modification	Mental Health	Counseling of Special Groups
Life skills	Practicum in Counseling	Psychological Tests
Ethical and Legal Issues in Counseling Psychology	Play Counseling	Clinical Psychology
Counseling of addicts	Contemporary Issues in Counseling Psychology	Crisis Counseling
Organizing and managing Counseling Psychology services	Counseling in adolescence	Counseling in early Childhood.

Master's level/ Yarmouk University

<u>PSYC 641: Career Counseling</u>	PSYC 643: Counseling and Interviewing Skills	<u>PSYC 648: Group Counseling</u>
<u>PSYC 642: Family Counseling</u>	<u>PSYC 644: Psychopathology</u>	<u>PSYC 635: Theories of Counseling</u>
<u>PSYC 647: Counseling Tests and Measurements</u>	<u>PSYC 646: Crisis and Trauma Counseling</u>	<u>PSYC 645: Counseling Across the Lifespan</u>
PSYC 649: Practicum in Counseling		

PhD level/ Yarmouk University

PSYC 734: Diagnosis and Treatment of Mental disorders	PSYC 737: Supervision in Counseling	PSYC 739: Theories of Career Development in Counseling
PSYC 740: Assessment in Counseling	PSYC 741: Legal and Ethical Issues in Counseling	PSYC 742: Counseling of Addictive Behavior
PSYC 743: Theories of Group Counseling	PSYC 744: Special Topics in Counseling	PSYC 745: Techniques of Counseling
PSYC 749: Practicum in Counseling	PSYC 717: Advanced Social Psychology	PSYC 713: Advanced Cognitive Psychology

Counseling experiences

Job title	Employer	Time period
Professor	Yarmouk University	24/2/2020
Associate Professor	Yarmouk University	15/2/2016 - 24/2/2020
Assistant Professor	Yarmouk University	4/12/2011 - 14/2/2016
Full-time lecturer	Yarmouk University	13/9/2009 - 5/12/2011
Assistant Professor	Irbid National University	10/3/2009 - 13/9/2009
Educational Counselor	Yarmouk University	2/9/2007 - 3/9/2009
Educational Counselor	Ministry of Education - Jordan.	5/2/2006 - 1/9/2007
Educational Counselor	Dhahran Ahliyyah School - Saudi Arabia	23/8/2003 - 5/2/2006
Educational Counselor	Ministry of Education - Jordan.	19/8/2001 - 24/8/2003

Editorial ship

- Managing Editor for the International Journal of research in education and psychology, Bahrain University.
- An editorial board member for the International Journal of research in education and psychology, Bahrain University.
- A consultative body member for the Journal of Al-Quds Open University for humanities and social research.

Research Reviewing Experiences

- Jordan Journal of Educational Sciences, Yarmouk University.
- Irbid Journal of research and studies- Irbid National University.
- Jordan Journal of Islamic Studies - Al Al-Bayt University.
- Al Mishkat Journal, The World Islamic Sciences and Education University WISE.
- Jordan Journal of Applied Sciences JJOAS, Applied Sciences University.
- Journal Educational and Psychological sciences JEPS.
- Umm Al-Qura University Journal of Education and Psychology Sciences.
- Journal of Social Sciences, Kuwait University.
- Accreditation and Quality Assurance Commission for Higher Education Institutions- Jordan.
- Accreditation and Quality Assurance Commission- Palestine.

Training Workshops

- Conducted tens of workshops and training courses inside and outside the university, to different community educational sectors.
- Conducted tens of lectures inside and outside the university, to different community sectors.
- Conducted several training courses, which were related to Counseling Psychology and Statistical Analysis using SPSS.

Community Services:

- Participating in tens of local and world conferences.
- Participated in tens of television, radio and newspaper interviews.
- The chief of Queen Rania Award team of distinguished school counselor.

- An evaluator in the Queen Rania Award of distinguished school counselor.
- Member of questions writing committee with National Center for Assessment, Saudi Arabia, Emirates, Civil Service Bureau and Accreditation and Quality Assurance Commission for Higher Education Institutions- Jordan.
- An evaluator in Accreditation and Quality Assurance Commission programs- Jordan.
- The developer of bachelor program syllabus in Counseling Psychology. The Eastern University- Sultanate of Oman.
- Member of several committees in the department of Counseling and Educational Psychology for reviewing the bachelor, master and doctoral degree syllabuses.
- Member of several committees of conference preparation at Yarmouk University.
- Chair of the Syllabus Development Committee for the bachelor, master and doctoral degrees in the department of Counseling and Educational psychology at Yarmouk University.

Appreciation and Rewards

- Academic Distinction Appreciation Certificate for the level of bachelor, master and doctoral degrees.
- Obtaining a distinguished ranking in the Arab Citation and Impact Factor (ARCIF) over the years 2018, 2019 and 2020.
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Scientific Production (Publication)

- Al-Shraifin, Ahmad.** (2011). Effects of a Counseling Supervision Program Based on the Cognitive Model on Reducing Performance Anxiety among Counselor trainees in Jordan. *Jordan Journal of Educational Sciences (JJES)*, 7(3), 233 - 251.
- Al-shraifin, Nedal & **Al-shraifin, Ahmad.** (2011). Constructing Shyness Scale for University students. *Journal of Association of Arab Universities Journal for Education and Psychology*, 9(4) 125 - 161.
- AL-Shraifin, Nedal & **AL-Shraifin, Ahmad.** (2012). Standardization of the Symptom Checklist-90-Revised Instrument for the Jordanian Environment. *Journal of Educational and Psychological Sciences*, 13(3), 307 - 341.

- Farah, Adnan, & **AL-Shraifin, Ahmad**. (2012). Constructing Brain-Gym Based Counseling Program and investigating its Effect to Reduce level of ADHD. *Journal of Humanities and Social Studies*, *67*(145)m 1 - 47.
- AL-Shraifin, Nedal & **AL-Shraifin, Ahmad**. (2013). Factors affecting on Shyness among Jordanian University Students: A Field Study. *Journal of Educational Sciences*, *25* (3), 613 - 644.
- Mustafa, Manar & **AL-Shraifin, Ahmad**. (2013). Psychological Loneliness and Psychological Security and the Relationship between them among a Sample of Foreign Students at Yarmouk University. *Jordan Journal of Educational Sciences (JJES)*, *9*(2), 141 - 162.
- Mostafa, Manar, **AL-Shraifin, Ahmad** & Tashtoosh, Rami. (2014). The Effectiveness of Career Counseling Services and Career Future Anxiety and their Relationship among High School Students in Jordan. *Journal of Educational and Psychological Studies. Journal of Educational and Psychological Studies*, *8*(3), 209 - 240.
- Mostafa, Manar, **AL-Shraifin, Ahmad** & Tashtoosh, Rami. (2014). Relationship between Stressful life events and Feeling of Satisfaction in Life among Yarmouk University Students in Jordan. *Journal Of Al-Quds Open University For Humanities And Social Studies*, *34*(2), 205 - 250.
- AL-Shraifin, Ahmad**, Hijazi, Tagreeg. (2014). Estimating Psychometric Characteristics of Collective Intelligence Test According to Latent Trait Theory. *Journal of Educational and Psychological Studies*, *8*(1), 1 - 15.
- AL-Shraifin, Ahmad** & Al-Mifleh, Eman. (2014). The Effectiveness of Bibliotherapy and Group Counseling in Reducing the Level of Psychological Loneliness among Non Jordanian Students at Yarmouk University. *Jordan Journal of Educational Sciences (JJES)*, *10*(1), 15 - 35.
- AL-Shraifin, Ahmad**, Hijazi, Tagreed & AL-Shraifin, Nedal. (2015). Predictive Ability of Psychological, Social and Demographic Variables in Mental Disorder Symptoms

- among Yarmouk University Students: A field Study. *Journal of Al-Quds Open University*, **37**(2), 209 - 252.
- Al-Shagran, Hanan, Al-Meqdad Qais, **AL-Shraifin, Ahmad** & Muhaidat Mohammad. (2015). Counseling Students Perceptions of School Counselor's Duties towards Students with Special Needs. *Humanities Journal*, **29**(3), 481 - 512.
- AL-Shraifin, A** & ALqadi, B. (2015). Psycho Pathological Symptoms and Family Climate, and their Relationship among Students of Yarmouk University. *International Journal of research in education and psychology*, **2**(2), 186 - 213.
- AL-Shraifin, Ahmad**. (2015). The Effects of a Counseling Supervision Program Based on the Skill Development Model on Increase Professional Self - Efficacy Level among Counselor trainees in Jordan. *Journal of Educational and Psychological Studies*, **9**(1), 1 - 23.
- Al-Refai, Abeer, **AL-Shraifin, Ahmad**. (2017). The effectiveness of Bibliotherapy in Raising the Level of Citizenship Behavior among Yarmouk University Students. *Journal of Education*, **31** (125/2), 309 - 360.
- AL-Shraifin, Ahmad** & Kan' an, A. (2017). Sources of Psychological Stress and its Relation with Future Anxiety among Fertile and Infertile Women in Light of some Variables. *Dirasat: Educational Sciences*, **44** (4/3), 103 - 129.
- AL-Shraifin Ahmad** & Farhan, Al-Dara'n. (2017). The Predictive Ability of **Addiction to Electronic Games in Academic, Social and Emotional Problems among in Adolescents Saudi Arabia**. *International Journal of research in education and psychology*, **5** (2), 451 - 482.
- AL-Shraifin, Ahmad** & Whaibi. Enas. (2018) Predictability of Body Image and Emotional Stability in Selfie Addiction among Jordanian College Students. *Hebron University Research Journal (B)*, **13**, (1), 1 - 26.
- AL-Shraifin, Ahmad**, AL-Shraifin, Nedal & Aldigs, May. (2018). Construction of a Personality Types Inventory for University Students based on Jung's Theory. *Journal OF Educational Psychological SCIENCES*, **19** (4), 315 - 354.

- Alziadat, Maream & **Al-Shraifin, Ahmad**. (2019). Prediction Capability of the Basic Psychological Needs Satisfaction in Happiness among Students in late adolescents. **Journal of Almanarh, DSpace at Al al-Bayt University, 25** (4), 81 - 116.
- Al-Shraifin, Ahmad**, Al-refai, Abeer & Alrhail, A. (2019). Phantom Vibration and Ringing Syndrome: Prevalence and Relationship with Emotional Stability among Yarmouk University Students. **Journal of Almanarh, DSpace at Al al-Bayt University, 25** (3), 205 - 240.
- Alziadat, Maream & **Ahmad Al-Shraifin**. (2019). Alexithymia and psychosomatic disorders among normal and orphan adolescents: a comparative study. **Journal of Education, 133** (2), 309 - 357.
- ALdhmashi. Anwar Alsmohi & **AL-Shraifin, Ahmad**. (2019). The Effectiveness of Emotion-Focused Therapy and Adlerian Therapy in Reducing the Level of Alexithymia among Syrian Female Refugees. **Dirasat: Educational Sciences, 46** (3), 443 - 426.
- AL-Shraifin, Ahmad** & Rania Sawalha. (2019). Performance Anxiety and its Relation to Career Self-Concept and Personality Type among Educational Counselors in Jordan. **Dirasat: Educational Sciences, 46** (1), 317 - 343.
- AL-Shraifin, Ahmad**. (2019). Model of the Relationships between Supervising Working Alliance, Counseling Self-Esteem and Attachment Styles. **Journal of Educational and Psychological Studies, 13** (1), 124 - 150.
- AL-shraifin, Ahmad**, Sarhan, Wafaa & Ghaith, Souad. (2020). The Relationship between Positive Thinking, Professional Identity and Counseling Self Efficacy among Counselors who Participated and who didn't Participate in Queen Rania's Award for Distinguished Counselor. **Dirasat: Educational Sciences, 47** (1), 128 - 149.

- AL-shraifin, Ahmad & Al-Nemrat, Amal, (2020).** predictive ability of humor styles in the body image of Jordanian universities students. *Journal of Hebron University Research Journal, 2 (15), 1 - 31.*
- Banat, Suhaila, **Al-Sharifin, Ahmad & AL-Jawaldeh, Fuad. (2020).** Strategies for dealing with psychological stress among widowed women in Jordan. *JJOAS, 24 (1), 1 - 20.*
- Al-Sharifin, Ahmad. (2020).** The Effectiveness of Creative Counseling Methods in Modifying the Control Beliefs and Improving Psychological Empowerment Among Adolescents. *Jordan Journal of Educational Sciences (JJES), 16 (1), 45 - 63.*
- AL-Shraifin, Ahmad & Al-Monizel, Wa'd. (2020).** The Predictability of Self-Assertiveness and Social Networking Addiction in Cyberbullying among Yarmouk University Students. *Abhath Al-Yarmouk Humanities and Social Sciences Series, 29 (1), 33 - 74.*
- AL-shraifin, Ahmad & bahr, Noor. (2020).** The Effectiveness of Therapeutic Storytelling in reducing Binge Eating Disorder and Impulsivity among a Sample of Female Adolescents. *Jordan Journal of Educational Sciences (JJES), 16 (4), 415- 437.*
- AL-shraifin, Ahmad, Al-refai, Abeer & Al-Nemrat, Amal. (2021).** The predictive ability of humor styles of psychological well-being among universities students. *Dirasat: Educational Sciences, 48 (1), 1 - 23.*
- Alaedein, Jehad, **AL-sraifin, Ahmad, Abood, Mohammad, Ali, Ahmad & Alshoubaki, Naifa.** Psychological Impact and Mental Health Status during the COVID-19 Pandemic among Jordanian University Students. *(2020 - accepted for publication in the Jordan Journal of Educational Sciences (JJES)).*
- Al-Qura'an, Maiyada, **Al-Sharifin, Ahmad & Al-Rifai, Abeer.** Major Depressive Disorder among Jordanian Universities Students: Prevalence and the Predicted

- Defence Mechanisms. (2020 - *accepted for publication in the Jordan Journal of Educational Sciences (JJES)*).
- Al-Qura'an, Maiyada, Al-Sharifin, Ahmad. & Al-Rifai, Abeer. The Predictive Ability of Behavioral Inhibition in Major Depressive Disorder among a sample of Jordanian Universities Students. (2020 - *accepted for publication in the Journal of Al-Quds Open University for Educational and Psychological Research and Studies*).
- Abu Msameh, Noor, Al-Sharifin, Ahmad & Al-Rifai, Abeer. The Predictive Ability of Fear of Compassion and Self Compassion to Smiling Depression among those with the Highest Job Titles. (2020 - *accepted for publication in the Journal of Al-Quds Open University for Educational and Psychological Research and Studies*).
- Migdadi, Amna & Al-Sharifin, Ahmad. The Predictive Ability of Self-Compassion, Cognitive Biases, and Attachment Patterns in Narcissistic Personality Disorder among Jordanian University Students. (2020 - *accepted for publication in the Journal of Al-Quds Open University for Educational and Psychological Research and Studies*).
- Elmnazel, Waad, Al-Sharifin, Ahmad & Al-Rifai, Abeer. The Lifestyles and its Relationship with the Psychological Capital among Employees in the field of Mental Health. (2020 - *accepted for publication in the Journal of Humanities and Applied Social Sciences - JHASS*).
- Alshbool, Shatha, Al-Sharifin, Ahmad & Al-Rifai, Abeer. Effectiveness of counseling program based on Sater's approach in psychological empowerment and sense of meaning among a sample of divorced women in Jordan. (2020 - *accepted for publication in the Journal of Irbid National University*).
- Baker, Shefaa, Al-Sharifin, Ahmad & Al-Rifai, Abeer. The Predictive Ability of Cyber Bullying and Psychological Distress in Bulimia Nervosa Disorder among Jordanian

Universities Students. (2020 - accepted for publication in the *Journal of Hebron University Research Journal*).

AL-Shraifin, Ahmad & Al-blawi, Ahmad. The Factors Affecting the Vocational Educational Choice among Aljouf University Students in Light of Some Demographic Variables. (- accepted for publication in the *Journal of Association of Arab Universities Journal for Education and Psychology*).

Ahmad, AL-Shraifin & Bani Mustafa, Manar. Effect of Counseling Program Based to Brain Gym in Increasing the Level of Life Skills in a Sample of Junior School Students in Jordan. (- accepted for publication in the *Journal of Association of Arab Universities Journal for Education and Psychology*).

Supervising Master's Thesis

Al-aslami, Abdulla. (2012). **The Relationship Between Career Counseling Services and Academic Achievement Motivation Among a Sample of High School Students in Hail District.**

Alinizi, Alia. (2012). **Parenting Styles and their Relationship with Family Adjustment among Married Female Teachers in Al-jof District.**

Al-Mifleh, Eman Ismaeel. (2013). **The Effectiveness of Bibliotherapy and Group Counseling in Reducing the Level of Psychological Loneliness among Non Jordanian Students at Yarmouk University.**

Al-blawi Ahmad. (2013). **The Factors Affecting the Vocational Educational Choice among Aljouf University Students in Light of Some Demographic Variables.**

ALQADI, B. (2015). **Psycho Pathological Symptoms and Family Climate, and their Relationship among Students of Yarmouk University.**

Abualula, Manar. (2014). **The Religious Responsibility and Its Relationship with Life Satisfaction among Sample of Yarmouk University Students.**

- Al-Sawalha, Rania Mohammad. (2015). **Career Self-Concept and Personality Type as Predictors of the Performance Anxiety among Educational Counselors in Jordan. Master Thesis, Yarmouk University.**
- Alenezi, Anwar AlSumohe. (2015). **Family-Vocational Role Conflict and Forms of patients -Physicians Communication in Jordan.**
- Al-Sooud, Yousef Fehad. (2014). **Social- Self Efficacy and Their Relationship to Some Emotional Disorder among A sample of Yarmouk University Students.**
- Kana'an, Aseel. (2014). **Sources of Psychological Stress and Future Anxiety: A comparative study between Fertile and Nonfertile Woman**
- Mansour, Khaled Mohammad. (2015). **The predictive ability of spiritual and emotional intelligence upon the mental health of Jordanian college students.**
- Al-saree. Mohannad Ghudefan. (2015). **Personality Type and Citizenship Behavior: A comparative Study between Juveniles Delinquents and non-Delinquents.**
- Al-Dara'n Farhan Abdel-Aziz. (2015). **Addiction to Electronic Games and its Relationship to Academic, Social and Emotional Problems among School Students.**
- Moaatha, Alamri. (2016). **Nomo phobia and its relation-ship with Family Communication among Husbands.**
- Whaibi. Enas Ahmad. (2016). **The Predictive Ability of Body Image and Emotion Stability in Selfie Addiction among Jordanian College Students.**
- Al- Howari, Aminah Mustafa. (2016). **Predictability power for degree of similarities according To personality traits and forms of communication between couples in family adjustment among sample of couples.**
- Alminezel, Waad . (2016). **The printability of self-Assertiveness and Social Network Addition in cyber bullying among University Students.**
- Al Mehlej, Tamara Azmy. (2017). **Metamemory among Sighted and non-Sighted Students at Yarmouk University: A Comparative Study.**

- ALrhayyl, Amneh. (2017). **Phantom Vibration and Ringing Syndrome: Prevalence and Relationship with Emotional Stability among Yarmouk University Students.**
- Banifayyad, Noor. (2018). **The effectiveness of bibliotherapy on improving body image and reducing cognitive biases among a sample of female adolescents.**
- Ababneh, kariman. (2018). **Alexithymia among adolescents: Prevalence and its relationship to family environment.**
- Bany Irshaed, Esra'a Omar. (2018). **The relative contribution of attachment styles in predicting alexithymia among adolescents.**
- Al-Jarrah, Ebtessam Diab. (2018). **The relative contribution of family environment in the prediction of School Refusal Behavior among adolescents.**
- Aleyadeh, Noor Ahmed. (2019). **The Effectiveness of Therapeutic Storytelling in reducing Binge Eating Disorder and Impulsivity among a Sample of Female Adolescents.**
- Al-Nemrat, Amal Yousef Mahmoud. (2019). **Humor styles and its relationship to psychological well-being and body image among universities students.**
- Shams al-Majdoob. (2020). **Impact of covid-19 pandemic on yarmouk University students and its relationship to Humor styles.**

Supervising PH.D Dissertation

- Thanaa, Fawaz. (2018). **Compatibility in Personality Traits between Teachers and Their Students and its effect on students' achievement.**
- Alanzi, Anwar Alsmohi. (2018). **The Effectiveness of Emotion-Focused Therapy and Adlerian Therapy in Reducing the Level of Alexithymia among Syrian Female Refugees who Experienced Violence.**

Alshbool, Shatha,. (2020). **Effectiveness of counseling program based on Sater's approach in psychological empowerment and sense of meaning among a sample of divorced women in Jordan.**

Amna, migdady. (2020). **The Predictive Ability of Self-Compassion, Cognitive Biases, and Attachment Patterns in Narcissistic Personality Disorder among Jordanian University Students.**

Abu Msameh, Noor Mohammed. (2020). **The Predictive Ability of Fear of Compassion, Self Compassion, and Importance to Others to Smiling Depression for those with Higher Job Titles.**

Al-Mnazel, Waad Ghaleb. (2020). **The Psychological Needs, Lifestyle and Big Five Personality as Predictors of the Psychological Capital among Employees in the field of Mental Health.**

Baker, Shefaa. (2020). **The Predictive Ability of Cyber Bullying and Psychological Distress in Symptoms among Jordanian University Eating Disorder.**

External Reviewer for Ph.D. Dissertations and Master' Thesis & Discussions

Examined more than (60) thesis and dissertation at the master and doctoral level in the specialty of Counseling Psychology, at several universities (University of Jordan, Hashemite University, The World Islamic Sciences and Education University, Mu'tah University and Yarmouk University)

References

Prof: Adnan Farah, University of Bahrain.

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Prof: Adnan Atoum, President of Al Al-Bayt University.

Email: (atoum@yu.edu.jo / atoum@lycos.com). Mobile, (00962795636289),

Prof: Yousef alsawalmeh, Former Dean, Faculty of Education - yarmouk University.

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